

9th Annual  
Quad City



# Family Caregiver Conference

## Information & Assistance for Family Caregivers

Saturday, March 23, 2019

8:00 A.M. – NOON

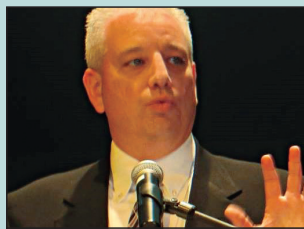
St. Ambrose University, Rogalski Center

2100 N. Ripley Street, Davenport, IA  
(enter from Lombard Street)

### SPEAKERS INCLUDE

#### ***“Sex and Dementia: Navigating and Preparing for Change”***

Participants will recognize how sexual behavior changes through normal aging processes; understand the differences of normal aging sexual behavior, dementia-oriented sexual behavior and identify resources to assist in navigating changes in sexual behavior.



**Joe Sample, M.P.A., M.A.** Joe has over twenty years of experience in aging, disability, and healthcare. He holds a Master's in Public Administration from Drake University, a Masters' of Arts in biomedical ethics and health policy, is currently working towards a Ph.D. in human development and family

studies with a minor in gerontology from Iowa State University. He is currently providing executive support for the Iowa Association of Area Agencies on Aging and the Guardianship Association of Iowa Network and teaches an end-of-life course at Iowa State University.

#### ***“Meeting Alzheimer's: The Healing Power of Yes”***

Uniting Alzheimer's Science with the Art of Improvisation, in this introductory workshop/presentation, *Healing Moments for Alzheimer's* offers caregivers an experience that is informative, inspiring, empowering, and engaging.

Participants will learn about the practice and the most important technique for communicating with persons living with dementia; “Saying Yes and Accepting What Is.” Research has shown that saying “Yes” also has the potential to reduce caregivers stress!



**Dr. Jade Angelica, MDiv., D.Min.** Dr. Jade's education and training includes a Masters' of Divinity from Harvard University, a certificate from the Shalem Institute Spiritual Guidance Program, a Doctor of Ministry in Faith, Health and Spirituality from Andover Newton Theological School, and a diploma

from Improv Boston University that deems her “perfectly okay not knowing what in the world is going on!” Jade's most important and most rewarding ministry, to date, has been caring for her mother, Jeanne, who died from Alzheimer's in 2011.

### SCHEDULE OF EVENTS

8:00 a.m. - 9:00 a.m.

Registration

8:00 a.m. - Noon

\*Time with Exhibitors

9:00 a.m. – 10:15 a.m.

Speaker: Joe Sample, M.P.A., M.A.

10:15 a.m. – 10:30 a.m.

Break

10:30 a.m. – 11:45 a.m.

Speaker: Dr. Jade Angelica, MDiv., DMin.

**\*Exhibitors are available during  
the entire conference  
8:00 a.m. – Noon.**

For more information,  
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**FREE FOR IOWA & ILLINOIS  
CAREGIVERS**

**SPEAKERS  
EXHIBITORS  
INFORMATION**

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